## The Art of Resilience

A FREE COMMUNITY HEALTH EVENT BY SUN HEALTH

## Wednesday, May 3, 2023 at 8:15 a.m. Grandview Terrace | Ballroom 14515 W. Granite Valley Dr., Sun City West, AZ 85375

When life throws you the ultimate punch, getting back up might seem like an impossibility. However, with the right tools and support, you can recover more quickly and become stronger than ever. Sun Health is honored to have **Jason Schechterle**, the ultimate representation of resiliency, as the keynote speaker at the 6<sup>th</sup> annual The Art of Resilience. His incredible story of survival is now his calling, sharing a new perspective on life, rebirth, and transformation in an event you'll never forget.

## Registration is required. Space is limited, so register today!

8:15 a.m.	Check In
9:00 a.m.	Roadmap to Resilience
	Barbara Mason, Vice President of Home and
	Community Based Services, Sun Health
9:50 a.m.	Burning Shield
	Kovnoto Spoakor Jacon Schochtorla Formor

Keynote Speaker, Jason Schechterle, Former Phoenix Police Officer





Featuring Speaker

## JASON SCHECHTERLE Former Phoenix Police Officer

Former Phoenix Police Officer Jason Schechterle knows firsthand the importance of resiliency. Fourteen months into what he hoped was a lifelong law enforcement career, Jason suffered serious burns over 40% of his body after a taxi traveling over 100 mph rear ended his patrol car, trapping him inside. His ascent from one of the worst experiences imaginable to describing himself as the luckiest person alive is a testament to resiliency. He's using that experience to encourage others.



Registration is required. Please call (623) 257-6351 or visit SunHealthWellness.org/resiliency